

PATHFINDER SURVIVAL WEEKEND

Based in the mountainous region of the Brecon Beacons National Park, this newly developed weekend camp/course offers a range of exciting and challenging situations designed to develop self-reliance and survival skills.

Self -reliance Skills Workshops

**Workshop 1.
Navigation and Mountain Safety
(40mins)**

**Workshop 2. Shelter Building and
Fire Lighting, (40mins)**

**Workshop 3. Knot, Lashing and
Rope Skill. (40mins)**

**Workshop 4. Canoeing. Planning &
Safety on the River (40mins)**

DAY ONE

- Skills Workshops 1 , 2 & 3
- 12-14k Land journey challenge
- Gorge scramble and descent with tyrolean traverse and wet abseil
- Bushcraft & Camp setup. Fire. Food. Shelter. Water.
- Overnight at the camp - enjoy camp life
- with open fire care, dark skies, friends and freedom.

DAY TWO

- Breakfast food prep
- Clear site - Clean Earth policy
- 4k Land journey challenge
- Workshop 4 Canoeing skills. Planning and Safety on the River
- 4k Canoe journey challenge with
- skills sharing and identification of flora and fauna

Finish with debrief on life skills learnt.